

White Star Show Stoppers Host Clinic

The youth club the White Star Show Stoppers hosted a weekend clinic April 5th, 2009 at White Star Stables in Cave Creek, Arizona. The featured speaker was the renowned sports psychologist Dr. Morgan Wolin from Chicago, Illinois. Dr. Wolin worked with all the participants on horse show preparation.

They focused on how to be your best in the show ring. They were all given journals to record practice rides and show results and make notes on what their goals were for the coming year. They learned that **ATTITUDE IS EVERYTHING** and did a workshop and a simulated horse show to practice that concept. It was a great learning experience for all. Thank you Morgan for all your help and



White Star
SHOWSTOPPERS



patience!

